

Imagine Purpose™ SEL Fits into 6–12 Classroom Routines

SEL for all students can help schools create an equitable learning environment and ensures that all students have the foundational skills to be healthy and successful. According to CASEL research, students who participate in SEL programs have an 11-point increase in academic performance, show improved classroom behavior, have an increased ability to manage stress and depression, and have better attitudes about themselves, others and school (casel.org/impact). An integrated approach to SEL supports all students in accessing this content and helps them see how to apply SEL skills in a variety of academic and relational settings. There is no one-size-fits-all implementation model, but our robust curriculum of online and offline resources are highly customizable to support a flexible approach to social and emotional learning.

Here are a couple ideas to help you map out how SEL can fit into your students' classes:

Community-building

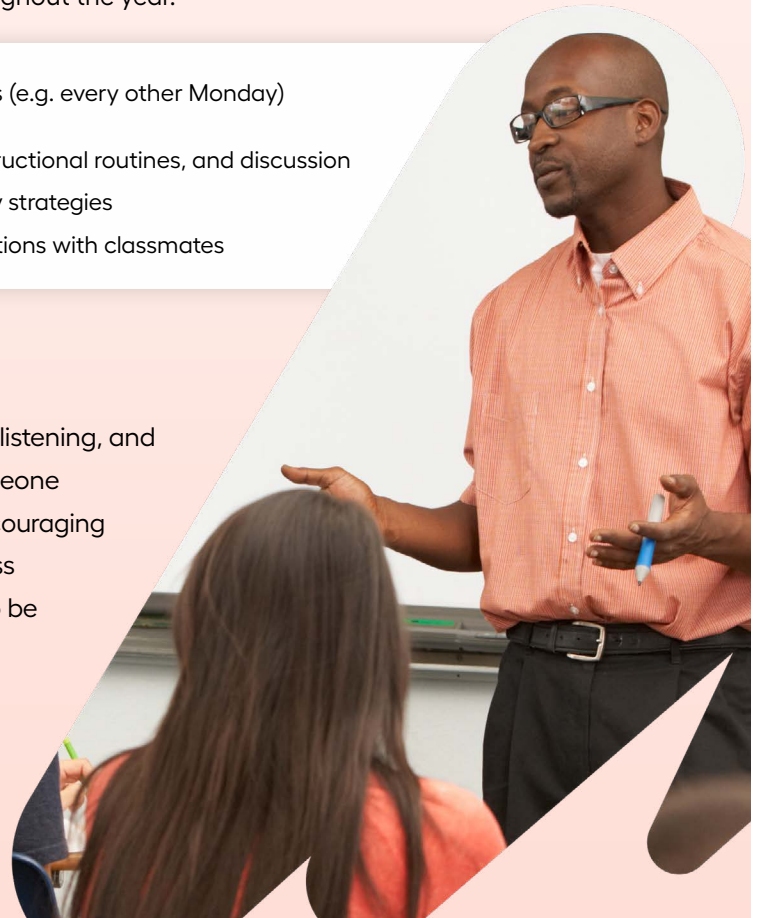
As students move throughout their day, each classroom has different peer dynamics, different teacher routines and expectations, and a student might have higher or lower confidence depending on the subject. Students will benefit from intentional community building in each class throughout the year.

When: 10 minutes during class on a semi-regular basis (e.g. every other Monday)

What: utilize Imagine Purpose Facilitation Guides, instructional routines, and discussion questions to set class expectations and norms, identify strategies for managing stress and frustration, and build connections with classmates

EXAMPLES:

- Class community do's and don'ts
- Class community expectations for speaking, active listening, and how to manage conflict and repair if you harm someone
- Class community ideas for being supportive and encouraging
- Strategies for managing time and stress for this class
- Class community expectations for what it means to be prepared and engaged in this class
- Utilize "Climate and Culture Transformation" discussion questions



Individual student work

All students will benefit from consistent, personal SEL time. With nine full courses and over 130 SEL intervention topics available in the Imagine Edgenuity LMS, there is content to meet the needs of all of your students. Your implementation might have all students learning the same content, or you may customize depending on class content and student needs.

When: students access at home for 30 minutes a week, or students access at school for 10 minutes three times a week in different classes.

EXAMPLES:

- An English class studying *Romeo and Juliet* is assigned the intervention topics “Anger & Temper Management,” “Talking to Parents & Guardians,” and “Impulsive Decision Making to Successful Decision Making” as homework to complete while reading the play. Class discussions include how characters in the play could have made healthier choices and what the outcomes may have been.
- A biology class is assigned “Social and Emotional Success: Introduction to Substance Abuse” as homework to complete during the semester. Class discussions include understanding the science of addictive substances, brain development, and identifying supportive resources.



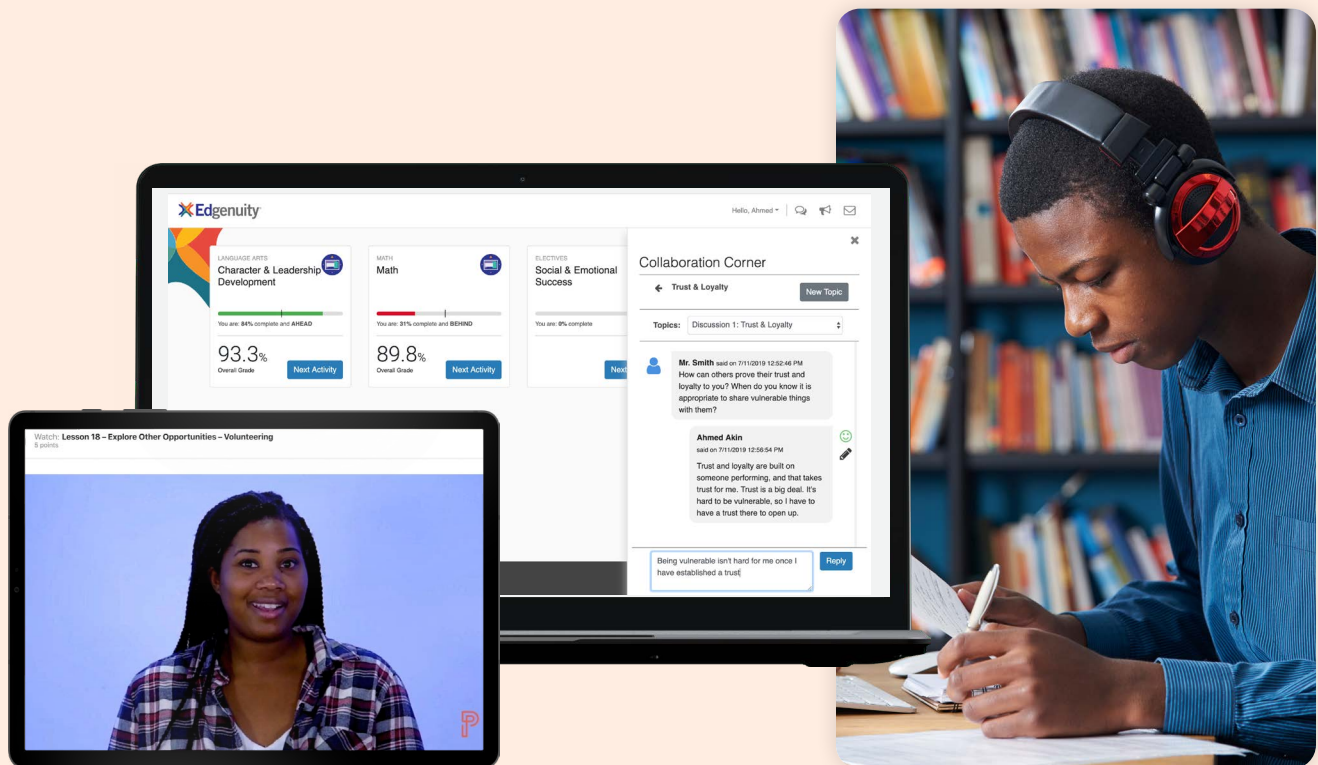
Written assignment

Having students integrate SEL into their subject matter studies helps them make meaning of the lessons, practice applying SEL skills and strategies, and learn SEL within context.

When: SEL can be integrated into written work across subjects without adding additional assignments for students or additional work for teachers. Students can complete their SEL lessons in class as a group or individually as class work or homework.

EXAMPLES:

- A psychology class has all students complete “Social and Emotional Success: Mindfulness” and research one mindfulness practice and its physical impacts on the human body
- A world history class has all students complete “Unlock your Purpose: Belonging” and answer “How did the drive for belonging impact this historical event? What are the lasting impacts on this society?”
- An English class assigns all students “Character and Leadership Development.” Ask students to “examine two characters through an SEL lens and give advice to each character. What was their primary motivation and how would SEL have helped them achieve their goals?”



Creative projects

Creative projects are an opportunity for students to leverage unique strengths and interests. Creative projects are also an opportunity for collaborative work. These projects can be a way to have students show their learning in ways that will help prepare them for college and career success.

When: often creative projects are best at the end of a unit or a semester to bring multiple topics together.



EXAMPLES:

- An upper level math class completes “Strategic Planning” throughout the unit, then researches possible careers. Working in pairs or small groups, they create a career path for three possible jobs that will utilize their math skills and their own passions, interests, and SEL strengths.
- A senior seminar class completes the intervention lesson, “Make a Difference.” Working in small groups, have them identify a local charitable organization, create a social media campaign to highlight the work they do and the impact on the community, and include a call to action.
- A social studies class completes “Climate and Culture Transformation: Diversity” and students complete a micro-documentary that examines the role that a value of diversity, or a lack of, played in the causes of this historical event.

SEL has been identified as a key skill in the workplace. As we prepare students to succeed beyond school, they are increasingly being required to demonstrate and utilize collaboration, creativity, and empathy. Asking students to utilize SEL across the curriculum helps them learn to apply these skills in conjunction with content area knowledge. Infusing SEL throughout the day is an important part of building a culture that values the skills and habits of mind students are learning, as well as teaching students to approach all of their challenges with the SEL strategies they are learning.

Learn more at imaginelearning.com/purpose