

# PROFESSIONAL DEVELOPMENT FOR

## Sonday System E3-5<sup>®</sup>

Training Module 2024



1


1

## Agenda

- Introduction to Sonday System Essentials
- Critical components of Sonday System Essentials
- Model and practice
- Guiding principles for ease of use

© 2022 Winsor Learning 2

2



### THE SONDAY SYSTEM PRODUCT LINE: Solving and Preventing Reading Failure

**Sonday System E<sup>®</sup>**

Scientifically-Based Reading Research  
Orton-Gillingham Approach  
*Structured Literacy.*

**Sonday System LPL<sup>®</sup>**

**Sonday System 1<sup>®</sup>**

**Sonday System 2<sup>®</sup>**

© 2022 Winsor Learning 3

3

## Arlene Sondag




2009 Recipient of the Margaret Byrd  
Rawson Lifetime Achievement Award  
(International Dyslexia Association)

Founding Fellow and First  
President of OGA  
(Orton-Gillingham Academy)

© 2022 Winsor Learning 4

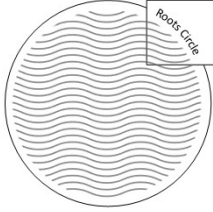
4

## Warm Up!

**Morphology**


Roots Circle

*"We read with our eyes, but the starting  
point for reading is speech."  
-Mark Seidenberg*



© 2022 Winsor Learning 5

5



### The Sonday Essentials Kit

Online Platform includes:  
Learning Plan Book [www.winsorlearning.com](http://www.winsorlearning.com)

# 180

## Lessons


One for every day!

© 2022 Winsor Learning 6

6

### What is Sonday System Essentials?

- Whole group Direct and Explicit Phonics instruction
  - 20+ minutes within literacy block
  - Reading and Spelling
- Based on Orton-Gillingham Approach
  - Structured, systematic, and cumulative
  - Multisensory instruction and reinforcement
- Follows the National Reading Panel Recommendations
  - Phonological and Phonemic Awareness, Phonics, and Fluency
  - Builds foundational skills for vocabulary and comprehension




© 2022 Winsor Learning


7

### Systematic, Explicit Phonics Instruction

- Enhances children's success in learning to read
- Improves spelling for all students.
- Helps to prevent reading difficulties among at-risk students
- Helps to remediate reading difficulties in underachieving readers
- Boosts comprehension



(NRP Summary Report page 9, Subgroup Report page 2-94)

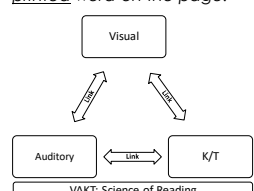


8

### How We Teach Multisensory Instruction & Reinforcement

*"Conscious multisensory procedures using the student's eyes, ears, hands and mouth help to link the sound, sight and feel of spoken language to the printed word on the page."*


-Birsh and Schedler




© 2022 Winsor Learning

9

### Essentials 3 Modeling L26




Turn and Talk



10

### Reading Foundations


What skills support comprehension?


11

### Foundational Skills

- Phonological and Phonemic Awareness
- Phonics
  - Reading Sounds and Words
  - Spelling Sounds and Words
- Fluency
  - Rate
  - Accuracy
  - Prosody
- Vocabulary



What is mastery?



12


### Instruction within Fluency

Fluency must be practiced

- Teacher modeling during read aloud
- Starts at the beginning of learning to read

Ways to incorporate fluency

- Paired
- Echo
- Repeated reading



*Automaticity is the precursor to fluency.*

13

13

### Teaching in a Multisensory Way

Incorporates three learning modalities

- See
- Hear
- Feel

Repetition

- Less is more
- Locks learning into long term memory

Teacher modeling

- We do together
- You do individually


14

14

### Essentials Content

Essentials 3-5

- Presentation of Consonants and Vowels
  - Digraphs, diphthongs, vowel pairs
- Sight Words
- Compound Words and Syllabication with multisyllabic words
  - Prefixes
  - Inflectional Endings
  - Roots
  - Morphology



15

15

### What is a syllable?

Definition

A syllable is a word, or part of a word, with one vowel sound.

Why teach syllables?

Without a strategy for chunking longer words into manageable parts, students may look at a longer word and simply resort to guessing what it is – or skipping it altogether.

16

16

### Syllable Types & Syllable Division Patterns

Introduced in E2  
Reviewed in E3-4

C	Closed
L	Consonant-le
O	Open
V	Vowel Pair
E	Silent E
R	R Combination

6 Syllable Types

Pattern 1: VCCV

Pattern 2: VCV

Pattern 3: VCCCV

Pattern 4(a): Suffixes

Pattern 4(b): Prefixes

Pattern 5: Cle

Pattern 6: VV

6 Syllable Division Patterns

17

17

### Common Syllable Types Essentials 2

Type:	Open	Closed	E Syllable
Ends with:	vowel	consonant(s)	VCe
Vowel is:	long	short	long
	a	ap	ape
	no	not	note
	bi	bit	bite
	me	met	mete

18

18

### Steps for Syllable Division

- 🔍 Scan for vowels
- 👁️ Look between the vowels
- 📄 Divide
- 💡 Identify the syllable type
- 🗉 Read the word

© 2022 Winsor Learning 19

19

### Syllable Division Patterns

E3 L27	E4 L1-2
vc/cv	v/cv or vc/v
invite	volume
jumbo	open
velvet	crazy
napkin	refine
rabbit	cabin
candy	solid

© 2022 Winsor Learning 20

20

### Syllable Division Patterns

E3 L28-29	E4 L2
vcccv	You Try!
pumpkin	basin
dolphin	eject
bathtub	tribute
complete	menu
spectrum	wedding
tendril	impress
	baby

© 2022 Winsor Learning 21

21

### Lesson Structure: Simple to Complex

Days 1-4\*\*

\*Not always but often  
\*\*E5 Days 1-9  
NOTE: Time limits attached to each step!

© 2022 Winsor Learning 22

22

### Lesson Structure: Simple to Complex

1. Read Sounds

Day 5\*

\*Mastery Check for Spelling

2. Spell Sounds

3. Read Words

\*E5 Every 10<sup>th</sup> day  
NOTE: Time limits attached to each step!

© 2022 Winsor Learning 23

23

### Breaking Down the Steps: Read Sounds

1. Read Sounds

E3-4 Days 1-4  
E5 Days 1-9

2. Spell Sounds

3. Read Words

4. Spell Words

5. New Material

**Materials:**  
Sound Cards in Media Kit

**Execution:**  
Students read the sound of displayed letter(s).  
The goal is automatic responses.

© 2022 Winsor Learning 24

24

### Practice Essentials 3

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 3**

**MATERIALS NEEDED** • Media Kit, Paper and Pencil, Worksheet

**1 READ SOUNDS** 2. 15N

- Review Sound Cards 21-43 (Media Kit)
- REMEMBER: Ask for 2 sounds for each card.
- Students READ the sound of each card aloud.
- Go through the cards rapidly at the beginning of each Lesson. The goal is to have automatic responses.

First Attempt → Let's Trace!  
Yes, it's \_\_\_\_.  
Trace \_\_\_\_ again.

Not Successful! →

Directly Teach:  
This is the letter \_\_\_\_  
that says /\_\_\_\_/ as in \_\_\_\_.  
Let's Trace!

© 2022 Winsor Learning 25

### Practice Essentials 4

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 4**

**1 READ SOUNDS** 2. 15N

- Review Sound Cards 33-60
- Students read the sound of each card aloud.
- Go through the cards rapidly. The goal is to have automatic responses.

First Attempt → Let's Trace!  
Yes, it's \_\_\_\_.  
Trace \_\_\_\_ again.

Not Successful! →

Directly Teach:  
This is the letter \_\_\_\_  
that says /\_\_\_\_/ as in \_\_\_\_.  
Let's Trace!

© 2022 Winsor Learning 26

25

26

### Practice Essentials 5

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 5**

**1 READ SOUNDS** 2. 15N

- Review Prefix Cards 33-37
- REMEMBER: Ask for 2 sounds of af.
- Students READ the sound of each card aloud.
- Go through the cards rapidly. The goal is to have automatic responses.

First Attempt → Let's Trace!  
Yes, it's \_\_\_\_.  
Trace \_\_\_\_ again.

Not Successful! →

Directly Teach:  
This is the letter \_\_\_\_  
that says /\_\_\_\_/ as in \_\_\_\_.  
Let's Trace!

© 2022 Winsor Learning 27

27

### Step 1: Read Sounds

1. Read Sounds

2. Spell Sounds

3. Read Words

4. Spell Words

5. New Material

**Directions**  
"Read the sounds."

**Addressing Errors**  
"Let's Trace!"  
All students trace the letter while saying the letter sound.

Teacher: Yes, it's /\_\_\_\_/. Trace /\_\_\_\_/ again!

Repeat the tracing 1-2 more times to weld into memory

TIP: Minimize teacher talk

© 2022 Winsor Learning 28

28

### What if a letter is read incorrectly while tracing?

Direct and explicit instruction is best. →

Incorporate SEE-HEAR-FEEL →

Elicit response with questioning →

"The letters -igh say /i/. It comes at the end of the word often followed by t.

Trace while saying "/i/". After students trace the letter(s) -igh saying "/i/" at the end of the word, often followed by t" 2-3 times, ask the class...

"Where do we find the letters -igh?"  
Students answer, "At the end of the word or often before t."

TIP: Minimize teacher talk

© 2022 Winsor Learning 29

29

### Breaking Down the Steps: Spell Sounds

1. Read Sounds

2. Spell Sounds

3. Read Words

4. Spell Words

5. New Material

**Materials:**  
Paper and pens/pencils

**Execution:**  
Students repeat the sound then write.

© 2022 Winsor Learning 30

30

### Practice Essentials 3

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 3**

---

**2 SPELL SOUNDS**      2 MIN

- Dictate the following sounds, one at a time.
- Students **REPEAT** each sound.
- Students **WRITE** the sound.

• Say **SAY** and **WRITE**: er    o    -ink  
(er: 2 ways (Answer: e, r))  
(o: Long for 3 ways (Answer: o, a, e-e))  
(ink: 2 ways (Answer: k, ch))

er	o	ink	s, c	ee, e, e-e
ch, tch				

31

31

### Practice Essentials 4

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 4**

---

**2 SPELL SOUNDS**      2 MIN

- Dictate the following sounds, one at a time.
- Students **REPEAT** and **WRITE** each sound.

• Say **SAY** and **WRITE**: ive    age    tion    et    aw, au  
(ive: 2 ways (Answer: ai, ie))  
(age: 2 ways (Answer: i, g))  
(tion: 2 ways (Answer: t, i))

ive	age	tion	et	aw, au
s, z				

32

32

### Practice Essentials 5

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 5**

---

**2 SPELL SOUNDS**      2 MIN

- Dictate the following sounds, one at a time.
- Students **REPEAT** and **WRITE** each sound.

• Say **SAY** and **WRITE**: 3 prefixes that mean in (Answer: in, en, ed)  
7 prefixes that mean in (Answer: em, en, in, im, ig)

e	ex	ef	em	en
il	ir	in	im	ig

33

33

### Step 2: Spell Sounds

```

graph TD
    A[1. Read Sounds] --> B[2. Spell Sounds]
    B --> C[3. Read Words]
    C --> D[4. Spell Words]
    D --> E[5. New Material]
            
```

**Directions**  
"Say and write the sound."

**Addressing Errors**  
"Say /j/!" (students repeat)  
"What letters say /j/ after a short vowel?"

Teacher calls on a student for the correct answer and then writes it for all to see.

"If you made a mistake, cross it out and write it correctly. Now everyone write /j/ 2 more times while saying the sound."

*TIP: Minimize teacher talk*

34

34

### Looking at Errors

sh	a a a	c, k, ck	o o o	d d d
----	-------	----------	-------	-------

Which sound(s) were initially spelled correctly by everyone? \_\_\_\_\_

Which sound(s) were made by someone in class, but NOT this student? \_\_\_\_\_

Which sound(s) did THIS student write in error? \_\_\_\_\_

35

35

### Breaking Down the Steps: Read Words

```

graph TD
    A[1. Read Sounds] --> B[2. Spell Sounds]
    B --> C[3. Read Words]
    C --> D[4. Spell Words]
    D --> E[5. New Material]
            
```

**Materials:**  
Media Kit  
Copies of words (optional)

**Execution:**  
Students read words and/or phrases aloud. Incorporate automaticity, fluency, and a bit of vocabulary practice.

E3-4 Days 1-4  
E5 Days 1-9

36

36

### Practice Essentials 3

**LEVEL 43**      **SONDAY SYSTEM ESSENTIALS 3**

**3 READ WORDS**      1-2      1-2

Students READ about (Blend K-2)

**1. See**

cent	cede	since	dense	place	lose
cell	dice	force	force	mine	lose
center	price	chole	mine	force	rose
cite	force	prince	nie	face	truce
circle	chance	voice	ace	price	vise
crane	grace	grace	vise	silice	twice

**2. See, Feel**

catch	crutch	hutch	starch	speech	starch
leech	branch	punch	match	catcher	patch
itch	switch	stitch	pinch	dranch	poach
starch	arch	band	hitch	match	starch

**3. Sentence**

Add some spice to the beef.      Use a stencil to trace it.  
Dump the ranch milk in the sink.      We went to a concert under the stars.

**Single Syllable Words**

- See
- Hear
- Feel

**Multisyllabic Words**

- See
- Divide
- Feel
- Trace
- Hear

**Automaticity**

**Fluency**

37

37

### Practice Essentials 4

**LEVEL 43**      **SONDAY SYSTEM ESSENTIALS 4**

**3 READ WORDS**      1-2      1-2

Students READ about (Blend K-2)

**1. See**

fluent	source	launch	extremist	audition	curtain
genius	focus	recess	grant	pauper	subtle
message	debut	faculty	journey	hunched	overhead
curtain	bookable	caulic	heart	craft	quest

**2. See, Feel**

pretentious	adjective	permeate	beverage	absolve	adjective
exchange	image	ingratitude	edgewise	violate	beverage
exchange	negative	adventure	beverage	reflective	beverage
beverage	message	indulgent	negative	beverage	beverage

**3. Sentence**

It was a strong green beverage.  
Put sauce over the top before you serve it.  
Please put my laundry in the dryer.  
The racket will launch at dawn.

**Single Syllable Words**

- See
- Hear
- Feel

**Multisyllabic Words**

- See
- Divide
- Feel
- Trace
- Hear

**Automaticity**

**Fluency**

38

38

### Practice Essentials 5

**LEVEL 43**      **SONDAY SYSTEM ESSENTIALS 5**

**3 READ WORDS**      1-2      1-2

Students READ about (Blend K-2)

**1. See**

effort	effluent	efface	efforts	efficiency	effacing
affect	effusive	effective	effigy	effortless	effigies

**2. See, Feel**

singular	embracing	gingerbread	granular	testified	enjoyable
fertilized	accidental	coneyriller	insincere	enchanted	eyeline
twice	digitized	ratified	quantified	intelligence	angular
cellular	circular	generation	coincidence	unpopular	legislative
solidified	registry	retroive	rectangular	coincide	certified
passenger	employable	enruption	dismembered	endured	suggestion

**3. Sentence**

Ardis made her complex job look effortless.  
Is there a more effective way to deal with the problem?  
Parker was effusive with his praise.  
The dotted coins had been effaced by years of handling.

**Single Syllable Words**

- See
- Hear
- Feel

**Multisyllabic Words**

- See
- Divide
- Feel
- Trace
- Hear

**Automaticity**

**Fluency**

39

39

### Step 3: Read Words

1. Read Sounds

2. Spell Sounds

E3-4 Days 1-4  
E5 Days 1-9

5. New Material

4. Spell Words

3. Read Words

**Directions**

"Read these words."  
Students read words 1-2 times for accuracy, then 1-2 more times for fluency.

**Addressing Errors**

- See
- Divide
- Feel
- Trace
- Hear

Teacher: "Yes, the word is \_\_\_\_\_. Everyone trace \_\_\_\_\_ again." (blend the sounds 3x)


**TIPS:** Tracing unlocks words!  
Address multisyllabic words with eliciting questions.

40

40

### Options for Reading Words

- Choral
- Echo (unison by group/row)
- Reader Leader (point and read, students echo)
- Read with a partner or group



**REMINDER:** You can print the words that students are reading also!

41

41

### Breaking Down the Steps: Spell Words

1. Read Sounds

2. Spell Sounds

E3-4 Days 1-4  
E5 Days 1-9

5. New Material

4. Spell Words

3. Read Words

**Materials:**

Paper & pens/pencils

**Execution:**

Students spell words and sentences. Students reread words written.

42

42

### Practice Essentials 3

**SONDAY SYSTEM ESSENTIALS 3** LESSON 43

**4 SPELL WORDS**

- Dictate the following words to the students.
- Students REPEAT and SEGMENT each word, then SAY each sound out loud while WRITING the word.
- Dictate each word aloud, reading down the columns.

REMEMBER: Colored or black indicates which sound is being practiced. REVISOR: Circle words and sentences for a total of 7 sentences.

<b>soft c</b>	grass	twice	rice	trous
<b>-ch</b>	crutches	clutch	clutch	catch
<b>vowel pairs</b>	vow	slower	footstool	join
<b>ch</b>	munching	pooch	torch	speech
<b>sight words</b>	have	give	live	could

- Students READ aloud the list of words just written.
- Dictate the following sentences.
- Students REPEAT and WRITE each sentence.
- Can you catch a falling star? The dog began to growl.
- Students READ aloud the sentences just written.

43

43

### Practice Essentials 4

**SONDAY SYSTEM ESSENTIALS 4** LESSON 43

**4 SPELL WORDS**

Students REPEAT and SEGMENT each word, then SAY each sound out loud while WRITING the word.

<b>a rule</b>	using	liked	nicest	timing
<b>-ive</b>	digestive	extensive	curious	objective
<b>doub/-tion</b>	chipping	function	slammed	prediction
<b>-age</b>	vintage	advantage	carriage	baggage
<b>au</b>	launch	haunted	fault	fraud

The hottest weather is in August. He's too timid to manage that.

Students READ aloud the list of words and sentences just written.

44

44

### Practice Essentials 5

**SONDAY SYSTEM ESSENTIALS 5** LESSON 43

**4 SPELL WORDS**

- Dictate the following words, reading down the columns.
- Students REPEAT and SEGMENT each word, then SAY each sound aloud while WRITING the word.
- Guide the students through error self-correction. Students WRITE the corrected word twice, saying each sound aloud.

<b>soft c/g</b>	incinerate	registry	coincide	legislate
<b>-or</b>	circular	singular	rectangular	angular
<b>ef-</b>	effective	effort	effortless	effect
<b>y rule</b>	certified	ratified	testified	fortified
<b>en-</b>	enjoyable	enfold	entwine	enchanted

- Dictate the following sentences. Students REPEAT and WRITE each sentence.
- She completed the task effortlessly. The group devised an effective solution.
- Students READ aloud the words and sentences just written.

45

45

### Step 4: Spell Words

1. Read Sounds

2. Spell Sounds

3. Read Words

4. Spell Words

5. New Material

**Directions**

- "Listen, repeat, touch spell, then write."
- Go down the column for review
- Remain cognizant of the time
- Students reread words written for accuracy and fluency

**Addressing Errors**

"Everyone, say \_\_\_\_\_" (students repeat)

"Touch Spell \_\_\_\_\_" (everyone touch spells)

"Grab that sound. What SOUND(s) do you hear?" (students answer)

"What LETTER(s) makes those sounds?" (students answer)

Teacher writes the word correctly on the board.

"If you had anything else, cross it out and write it correctly. Everyone write it again!"

46

46

### Checking Sentences

- Capitalization**
  - What letters need to be capitalized
- Appearance**
  - Spacing between words
  - Legible
  - Count the words (check to ensure no words have been omitted)
- Punctuation**
- Spelling**

47

47

### Sentences for Step 4

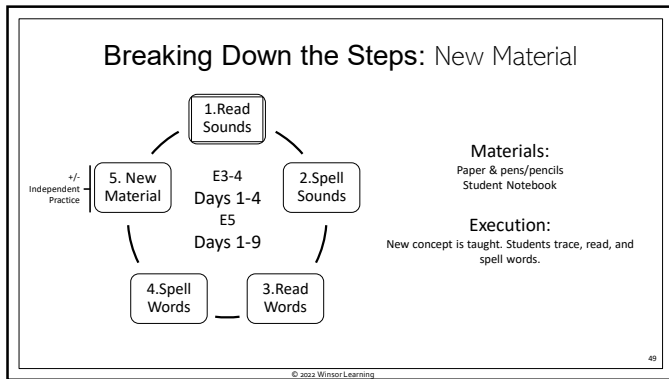
- Always incorporate a sentence within Step 4.
- Teacher reads the sentence fluently. Students repeat.
- Students write the sentence.
  - Do not help!
- Check for errors using CAPS.
- All students reread sentence once edited for fluency.
  - Chunking and phrasing

The ~~dog~~<sup>d</sup> began to grow~~l~~<sup>l</sup>.

48

48





49

### Teaching The Phonetic Code English Language Rules

**Direct, explicit instruction:**

- Sound
- Place Value
- Additional information

~90% of English words follow regular patterns.

50

### Learning the Code of English

51

### Morphology Prefixes, Suffixes, and Roots

52

### Practice Essentials 3

**Lesson 43**      **SONDAY SYSTEM® ESSENTIALS 3**

---

**5** INTRODUCE NEW MATERIAL

**Review Sound**

- Show the card and say the sound. (Media Kit)
- Students REPEAT the sound, then SAY the sound while THINKING the letters on the disk.
- Students WRITE the letters and SAY the sound 3 times.

**Card:** Sound Card 44    -dge    /j/ as in lodge

**Rule:** -dge comes at the end of a word after a short vowel.

• Students READ aloud the following word list. (Media Kit) *Note: Numbered lists may be printed from the Printables file in the Media Kit.*

4. badge    lodge    wedge    sludge    ledge    ridge    edge    smudge

- Include the following words.
- Students RECEIVE and RESEARCH each word, then SAY each sound out loud while WRITING the word.
- Students WRITE and RESEARCH each word, then SAY each sound out loud while WRITING the word.
- Students READ the words just written.

53

### Direct and Explicit Instruction of the Code

Directly teach the sound:

“The letters <ai> say / ä / . Repeat / ä /.”

1. Identify the location of the sound:  
“It is most commonly found in the middle of a word. Where is it found?”
2. Address added information (if mentioned):  
“The letters l or n often like to follow <ai>. What two letters like to follow <ai>?”
3. Trace while saying the sound to make it permanent:  
“Trace 3x while saying the sound. Where is it found? What two letters often follow?”

54

## Practice Essentials 4

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 4**

---

**5 INTRODUCE NEW MATERIAL** 5 MIN

**Teach Sound**

- Show the card and say the sound (Media Kit).
- Students **SAY** the sound while **TRACING** the letters on the desk.
- Students **SAY** and **WRITE** the sound 3 times.

**Key:** Long /e/ as in key

**Rule:** *ey* comes at the end of a word but is not a suffix. Unlike -y, *ey* is not used with a base word. Words with *ey* are usually nouns.

Students **READ** about the following word list (Media Kit).

5. hockey      jersey      key      dooskey  
     chimney      medley      parsley      cilley

- Dictate the following words.
- Students **REPEAT** and **SEGMENT** each word, then **SAY** each sound aloud while **WRITING** the word.

dooskey      chimney      jersey      parsley      hockey

55

© 2022 Winsor Learning

55

## Practice Essentials 5

**LESSON 43**      **SONDAY SYSTEM® ESSENTIALS 5**

---

**5 INTRODUCE NEW MATERIAL** 5 MIN

**Teach Root**

- Show the card and say the meaning of the root.
- Students **WRITE** the root, then say the meaning. Repeat 3 times.

*Note: No single key word is provided for roots since pronunciation of the root varies. When reviewing root cards in 1. READ SOUNDS, have students look at the root card and provide the meaning only.*

**Key: force**      Meaning: strong

- Students **READ** about the following word list (Media Kit).

4. effort      fortify      reinforce      effortless  
     enforce      forcefulness      forcible      comfortable

- Dictate the following words.
- Students **REPEAT** and **SEGMENT** each word, then **SAY** each sound aloud while **WRITING** the word.

effort      enforce      forcefulness      effortless      reinforce

- Students **READ** the words just written.

56

© 2022 Winsor Learning

56

## Step 5: New Material

1. Read Sounds

5. New Material

4. Spell Words

E3-4 Days 1-4  
E5  
Days 1-9

2. Spell Sounds

3. Read Words

- Teacher directly teaches the phonetic code, sound, sight word, or concept
- Students trace to make the content permanent
  - Repetition matters; trace multiple times to lock into memory
- Students write the concept 3 times on paper
  - Saying the sound while writing it
- Students read words with new sound
- Students spell words with the new sound (or sight word)

*Not done daily (but can be based on your students' needs)*

57

57

## How to Teach Sight Words – Traditional Method

Sight words cannot be sounded out. They are irregular.

want

- Show the word, say it aloud, and ask to REPEAT the word
- SAY and TRACE the letter names on their desks, then REPEAT the word again
- SAY the letter names as they WRITE the sight word 3 times on paper

58

58

## How to Teach Sight Words – Heart Word Method

Sight words cannot be sounded out. Usually, the consonant sounds ARE regular, but the vowels are NOT

want

- Show the word, say it aloud, and ask to REPEAT the word
- Students to copy the word on their paper
- SAY the word and students repeat. Together, touch and say the consonant sounds that are regular. Teacher point to and say the irregular part(s) of the word while students are touching and pointing to these and repeating after the teacher.
- SAY the word and students REPEAT
- SAY and TRACE the letters on their desks while saying the sounds, then REPEAT the word again
- SAY the letter NAMES as they write the sight word 3 times on paper

59

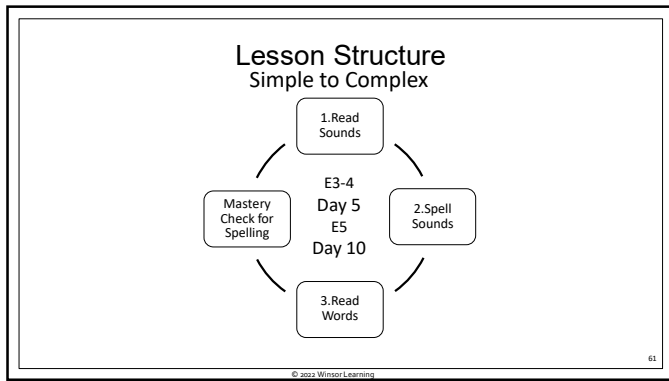
59

## Independent Practice

- Not every lesson has “New Material”
- Independent Practice fosters development of skills previously taught
  - Centers – differentiate learning
  - Homework
- Optional activity
- Data collection tool in Media Kit

60

60



61

### Mastery Checks Day 5 E3-4 Locate in Your LPB L75

LESSON 75

SONDAY SYSTEM<sup>®</sup> ESSENTIALS 4

**4 MASTERY CHECK FOR SPELLING** LP #75

*Goal: To determine how well Students can spell independently.*  
*Dictate the following words, reading down the columns.*  
*Repeat words if necessary.*  
*DO NOT remind Students to repeat the word. Touch Spell the word or assist in any way. THIS IS A TEST.*  
*The goal is to determine what has been learned and how well the Students can spell independently and transfer learning to other settings.*

division	funniest	profession	denying	scored
engaged	expulsion	pretty	radical	stuffer
honest	displayed	studying	sew*	grayish
player	grumpiest	fusion	chiller	fasten

\*After dictating a homophone, use it in a sentence to identify meaning and guide spelling.

Total the number of words spelled accurately. Refer to the conversion chart below for the percentage score. Record the percent correct on each student's Mastery Check Score Sheet. If 4 or more words are misspelled on 2 consecutive Mastery Checks, placement in a small group with closer monitoring and more opportunities for practice may be beneficial.

Mastery = 85% or higher

© 2022 Winsor Learning

62

### Mastery Checks Day 5 E5 Locate in Your LPB L45

LESSON 45

SONDAY SYSTEM<sup>®</sup> ESSENTIALS 5

**4 MASTERY CHECK FOR SPELLING** LP #45

*Goal: To determine how well Students can spell independently.*  
*Dictate the following words, reading down the columns.*  
*Repeat words if necessary.*  
*DO NOT remind Students to repeat the word. Touch Spell the word or assist in any way. THIS IS A TEST.*  
*The goal is to determine what has been learned and how well the Students can spell independently and transfer learning to other settings.*

Regional	unusual	pendulum	ignoring	delusion
rectangle	illusion	illuminates	adventurous	illumination
spothill	exempt	enoble	examiner	empower
correction	irrigate	elude	irregular	regulations

Total the number of words spelled accurately. Refer to the conversion chart below for the percentage score. Record the percent correct on each student's Mastery Check Score Sheet. Students who score 80% or above are ready to continue in Essentials 5. For some students, placement in a small group with closer monitoring and more opportunities for practice may be beneficial. Some students will need to return to Essentials 3 or 4 to solidify foundational skills.

Mastery = 85% or higher

© 2022 Winsor Learning

63

### Mastery Checks Day 5 Locate in Your LPB L75

# Correct	%	# Correct	%	# Correct	%	# Correct	%
1	5%	6	30%	11	55%	16	80%
2	10%	7	35%	12	60%	17	85%
3	15%	8	40%	13	65%	18	90%
4	20%	9	45%	14	70%	19	95%
5	25%	10	50%	15	75%	20	100%

Mastery = 85% or higher

Under \*85% on two consecutive Mastery Checks means additional support may be needed

© 2022 Winsor Learning

64

### Mastery Check Day 5

**What it IS**

- Determines how well students can spell independently
- Phonics/Morphology
- Determines accuracy of skills
  - 85% or higher mastery
- Helps to identify struggling students
  - 4 or more words misspelled on 2 consecutive Mastery Checks

**What it ISN'T**

- A list of spelling words students take home for practice throughout the week
- Words used in sentences
  - Just say each word once or twice
- Touch Spelling as a group
  - This strategy can be used if a student chooses, but no teacher prompting

© 2022 Winsor Learning

65

### Multisensory Components

**When reading words: Tracing**

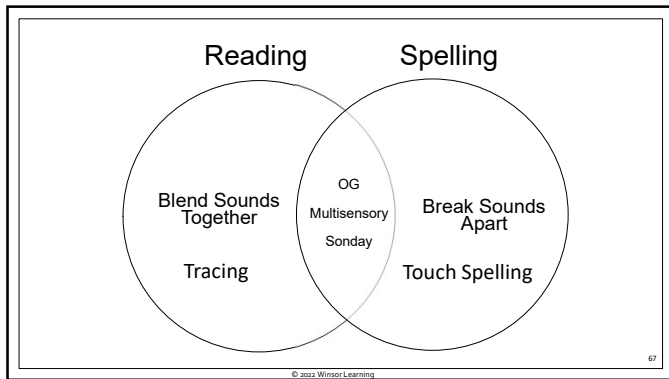
- Cements letter formation and words into motor memory
- Anchors images in long term memory where they are easily retrieved
- Utilizes the first 2 fingers of the writing hand on a surface
- See/ Divide – Feel/Trace - Hear troublesome syllables

**When spelling words: Touch Spelling**

- Segmenting words into syllables then sounds
- Marks each syllable or sound
- Identifies place value within word
- Utilizes the thumb and fingers of the non-writing hand


© 2022 Winsor Learning

66



67

### Additional Support Levels



- In your group, select a lesson you would like to teach with a partner's support
- Identify the lesson, discuss multisensory instructional approaches, and preview using the media kit (if needed)
- Teach the lesson to your group
- Evaluate and self reflect
  - Strengths?
  - Areas to rework?

© 2022 Winsor Learning

68

### Affixes Syllable Division Patterns

**Suffix**  
Break syllable between base word and suffix

- farm/ing
- tell/er
- rust/ed
- feed/er

Changes the part of speech!

**Prefix**  
Break syllable between prefix and base word

- re/form
- in/side
- ex/act
- be/long

Changes the meaning!

© 2022 Winsor Learning

69

### R Controlled

- When the letter <r> follows a single vowel, it prevents the vowel from saying its true sound
  - "bossy R"
- 'ar' and 'or'
  - like in car, farm, torn, and form
- 'ir', 'ur', and 'er' are pronounced the same (/er/)
  - /er/ like in third, burn, and term and -ear like in heard
  - -or (doctor) and -ar (dollar) in E5
- R Controlled is one of the 6 Syllable Types

© 2022 Winsor Learning

70

### Vowel Pair Syllable

Two vowels together make one sound		Letters <u>y</u> and <u>w</u> combined with vowels	
bo <u>ai</u>	boil/er	da <u>y</u>	day/light
soo <u>n</u>	soon/er	bo <u>y</u>	boy/hood
Jo <u>in</u>	re/join/ing	sho <u>w</u>	show/ing
		gro <u>wl</u>	growl/ing
		la <u>w</u>	un/law/ful

© 2022 Winsor Learning

71

### Consonant-le Syllable and Division

- Consonant-le has many spelling variations
- The -le always stays the same, but consonant(s) changes before the -le

Consonant-le, count back three!

g a r / g l e

stable – bubble – riddle – giggle – quadruple

© 2022 Winsor Learning

72

### Syllable Division Pattern VV

- Break between adjacent vowel sounds
- Only one vowel sound in a syllable
- Break syllable between neighboring vowel sounds

d i e t

v | v

v i o l i n

v | v | c | v

riot  
duet  
video

© 2022 Winsor Learning 73

73

### Double Rule (1 – 1 – 1)

- One-syllable word
- One short vowel
- Followed by one consonant
- Double final consonant before adding a vowel suffix

grab  
get  
crop  
hug  
hop

1 Syllable +

1 Short Vowel +

1 Consonant +

Double final consonant

© 2022 Winsor Learning 74

74

### Working with Roots You Try Matching

pend/pens	hang
fin(e)/finit	choose/read
dem	strong
lect/leg	pull
tract	throw
dent/dont	end
ject	conquer
fort/force	people
vict/vince	tooth

© 2022 Winsor Learning 75

75

### Working with Roots You Try Matching


pend/pens	hang
fin(e)/finit	choose/read
Dem	strong
lect/leg	pull
tract	throw
dent/dont	end
ject	conquer
fort/force	people
vict/vince	tooth

© 2022 Winsor Learning 76

76

### The Schwa Sound

- Vowel sound which is difficult to identify
- Pronounced as a short u, short i, or contracted  
contain – lemn – action
- Not found in an accented or stressed syllable
- Underlined letters represent the schwa



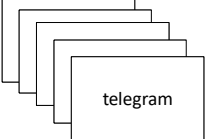
America – sever – velvet

© 2022 Winsor Learning 77

77

### Accented Syllables

- Accent – stressed – say it louder
- How the vowel sounds
- Fully pronounce the vowel sound
- Loudest or clearest sound
- Can be stressed more slowly
- Strategy: Calling the dog



- Accents are usually placed on a base/root, not prefix or suffix
- These will be shown in CAPITAL letters CAN/dle

© 2022 Winsor Learning 78

78

## Patterns within Accented Syllables

- Search for predictable patterns within our language
- Accent is usually on the root, stem, or base word

stubby	spreadable	booking	
--------	------------	---------	--

- 3 syllable words

- Usually accented on the first syllable

similar	signify	stimulate	thermostat
---------	---------	-----------	------------

- 3 or more syllables ending with a silent e
- One syllable between the accented syllable and the silent e syllable

appropriate	accumulate		
-------------	------------	--	--

© 2022 Winsor Learning

79

79

## Recording Student Work (Data Collection)

Writing paper at least 3 times/week

- Writing Tools: markers, pens, colored pencils

Individual Whiteboards

- Sheet protector with writing paper as a template
- Binder with slip front cover

Multisensory materials

- Sand Paper
- Textured Fabric



© 2022 Winsor Learning

80

80

## Sondy System Essentials Non-Negotiables

- Complete every section of every lesson daily.
- Use all sensory pathways- seeing, hearing, feeling.
- Consistently use the multisensory strategies.
  - TRACE when reading
    - See- Divide
    - Feel – Trace
    - Hear
  - TOUCH SPELL when spelling



© 2022 Winsor Learning

81

81

## Resources

- Supplemental Activities
- Error Correction Dialogue
  - Correcting Spelling Errors
- Definitions and Descriptions
- Quick Reference to English Language Rules
- Meanings Guide
  - Prefix and Suffix
  - Roots



© 2022 Winsor Learning

82

82

## Closing Thoughts

Reading is

- Unique
  - Highest expression of human intelligence
- Important
  - This skill is critical to our ability to thrive
  - How children are taught...affects whether they become readers or not, their level of reading skill, and the extent to which they enjoy and seek out the experience
- A tool for understanding human cognition
  - Learning to read is like technology.... it's complex and essential



-Mark Seidenberg

© 2022 Winsor Learning

83

83

## A Closing from Arlene Sondy

Our motto  
Overlearn to the automatic level!

© 2022 Winsor Learning

84

84

 **Contact Information**

Carrie Clark	.....	carrie.clark@winsorlearning.com
Liz Hawes	.....	elizabeth.hawes@winsorlearning.com
Janda Craig	.....	janda.craig@winsorlearning.com
Tori May	.....	tori.may@winsorlearning.com
Roberta McMurry	.....	roberta.mcmurry@winsorlearning.com
Danielle Kroger	.....	danielle.kroger@winsorlearning.com
Agnes Icker	.....	agnes.icker@winsorlearning.com
Janet Miltenberger	.....	janet.miltenberger@winsorlearning.com

Main Office  
3001 Metro Drive Bloomington, MN | 1-800-321-7585  
Winsor Expert Network  
www.winsorlearning.com

**SondaxSystem** Follow us!     85

© 2022 Winsor Learning

85

**References**

Birsh, J.R., & Carreker, S. (2019) *Multisensory Teaching of Basic Language Skills, Fourth Edition*. Brookes Publishing Co.

Herron, J. (2008). Why Phonics Teaching Must Change. *Educational Leadership*, 66(1), 77-81.

Moats, L.C. (2000). *Speech to Print: Language Essentials for Teachers*. Brookes Publishing.

Rasinski, T., Homan, S., & Biggs, M. (2009). Teaching Reading Fluency to Struggling Readers: Method, Materials, and Evidence. *Reading & Writing Quarterly* 25(2-3), 192-204.

Seidenberg, M. (2018). *Language at the Speed of Sight: How we read, why so many can't, and what can be done about it*. Basic Books.

Spear-Swerling, L. (2006). The Importance of Teaching Handwriting. In *Launching Young Readers! Reading Rockets*. <https://www.readingrockets.org/article/importance-teaching-handwriting>.

Tolman, C. (2005). Working Smarter, Not Harder: What Teachers of Reading Need to Know and Be Able to Teach. *Perspectives, The International Dyslexia Association*.

Venezky, R. L. (1999). *The American Way of Spelling: The structure and origins of American English Orthography*. The Guilford Press.

86

86