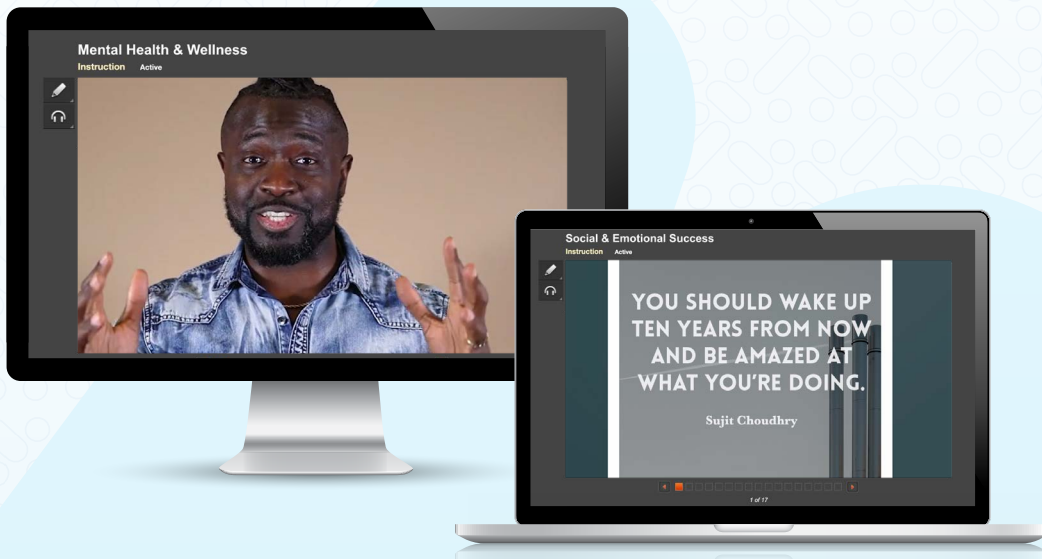




# Emotional Education for Students of All Ages

Imagine Purpose™ offers a rich and relevant library of 6–12 social and emotional learning (SEL) courses, modules, and lessons that can be used in a variety of settings.



**In today's complex world, a well-defined SEL program is more important than ever.**

This flexible SEL curriculum gives educators powerful tools and resources to connect with students through meaningful conversations that can improve behavior, increase student success, and inspire learning that lasts a lifetime.



# Prevention through Empowerment

We give educators full access to Imagine Purpose's rich SEL curriculum. These engaging lessons and courses are fully customizable to meet the unique needs of your students and your community. The highly relevant library includes nine SEL-specific courses. The full courses can be used as curriculum for home room, elective, study hall, or before/after school programs, or they can be customized to supplement instruction in the classroom.

## Grades 6–12 Course List:

### COLLEGE & CAREER READINESS

- Life After High School
- College & Career Preparation
- Starting School & Getting the Job
- Tools for Success

### MENTAL HEALTH & WELLNESS

- Upgrade Yourself
- Transform Bullying
- Social Impact
- Overcoming Adversity

### CLIMATE & CULTURE TRANSFORMATION

- Health & Safety
- Relationship Support
- Social Awareness
- Equity, Anti-Racism, & Diversity

### PERSONAL DEVELOPMENT

- Develop Yourself
- Strategic Planning
- Self-Esteem
- Complete Health

### CHARACTER & LEADERSHIP DEVELOPMENT

- Mission, Vision, Purpose
- Personal Experience
- Identity
- Transformation

### RESTORATIVE PRACTICES & PRINCIPLES

- Restorative Basics
- Restorative Prevention
- Restorative Intervention
- The Process of Restoration

### UNLOCK YOUR PURPOSE

- Happiness vs. Success
- Making a Difference
- Thoughts, Words, & Silence
- Relationships, Belonging, Vulnerability

### SOCIAL EMOTIONAL SUCCESS

- Successful Decision-Making
- Healthy Relationships & Communication
- Mindfulness
- Restorative Practice/Justice

### TRAUMA-INFORMED LIVING

- Personal Wellness
- Living with Trauma
- Mental Health Awareness & Assistance

## Intervention that targets specific needs

The flexible SEL curriculum is aligned to CASEL competencies and designed to support MTSS and PBIS best practices. For educators wanting to support students who are navigating personal challenges, needing redirection or restorative justice, or seeking guidance defining healthy decision-making skills, these courses provide a rich library of topic-focused lessons for intervention.

Intervention topics include: bullying, anger management, introduction to substance abuse, anxiety, healthy friendships and relationships, death of a loved one, and many more.